



CABINET – 23 JUNE 2023

**LEICESTER, LEICESTERSHIRE AND RUTLAND
JOINT LIVING WELL WITH DEMENTIA STRATEGY 2024-28**

**JOINT REPORT OF THE DIRECTORS OF
ADULTS AND COMMUNITIES AND PUBLIC HEALTH**

PART A

Purpose of the Report

- 1 The purpose of this report is to present the draft Leicester, Leicestershire and Rutland (LLR) Joint Living Well with Dementia Strategy 2024-28 and seek approval to launch a formal consultation exercise on the Strategy, attached as Appendix A to this report.
- 2 The report also updates the Cabinet on the progress of work under the current Strategy (2019-22).

Recommendations

- 3 It is recommended that:
 - a) The progress of the work under the current Leicester, Leicestershire and Rutland (LLR) Living Well with Dementia Strategy 2019–2022, be noted;
 - b) The draft LLR Joint Living Well with Dementia Strategy 2024-28 be approved for a formal eight-week consultation exercise;
 - c) A further report be presented to the Cabinet in autumn 2023 presenting the outcome of the consultation and seeking approval of the final LLR Joint Living Well with Dementia Strategy and delivery plan for Leicestershire.

Reasons for Recommendation

- 4 The Strategy seeks to support people with dementia in the Leicester, Leicestershire and Rutland area and has been informed by the experiences of those living with dementia or as a carer, their families and the organisations supporting them. The proposed consultation exercise will inform the new Strategy for 2024-2028, which is being developed in partnership with local health, social care and voluntary sector organisations.

Timetable for Decisions (including Scrutiny)

- 5 Subject to approval by the Cabinet and via the governance structures at Leicester City and Rutland Councils - expected by the end of June - it is intended that the consultation will commence in July for eight weeks.
- 6 The draft Strategy was presented to Adults and Communities Overview and Scrutiny Committee on 5 June 2023, and its comments are set out in Part B of this report.
- 7 The LLR Integrated Care Board (ICB) has already taken the draft strategy and request to consult through its own governance structures with a report to its System Executive on 26 May 2023. The ICB is a statutory NHS organisation and part of the integrated care system, with partners in LLR, which is responsible for developing a plan for meeting the health needs of the population, managing the NHS budget and arranging for the provision of health services in a geographical area.
- 8 The consultation exercise will conclude with a further report to the Adults and Communities Overview and Scrutiny Committee in autumn 2023. It is intended that the consultation outcome and the final Strategy will be submitted to the Cabinet and to the relevant bodies at Leicester City and Rutland Councils, the ICB and other partner governance arrangements for approval in late autumn 2023. Each body will be asked to develop an associated delivery plan for its area.

Policy Framework and Previous Decisions

- 9 The relevant policy framework includes:
 - a) National legislation and guidance:
 - The Care Act 2014
 - The White Paper - People at the Heart of Care: adult social care reform - December 2021
 - The Mental Capacity Act 2005
 - The NHS Long Term Plan 2019
 - The Challenge on Dementia 2020.
 - b) County Council policies/strategies:
 - Leicestershire County Council Strategic Plan 2022-2026: the Dementia Strategy has relevance to all five outcomes of the Strategic Plan but contributes particularly to the 'Keeping People Safe' outcome.
 - Adults and Communities Department Ambitions and Strategy for 2020–2024: the Dementia Strategy demonstrates how the Council will promote wellbeing for people with dementia, and prevent, reduce, delay and meet need for formal adult social care.
 - Leicestershire Joint Health and Wellbeing Strategy 2022-2032, which states that the partners will provide joined up services that support people and carers to live independently for as long as possible, including those with dementia.

- Medium Term Financial Strategy (MTFS), which sets the financial context for delivery of all County Council Services in Leicestershire.
- 11 In October 2018, the Cabinet approved the LLR Living Well with Dementia Strategy, 2019–2022. The joint LLR Dementia Programme Board extended the lifetime of this Strategy 2023.

Resource Implications

- 12 There are no resource implications arising from the recommendations in this report and no additional investment attached to this Strategy.
- 13 The Director of Corporate Resources and Director of Law and Governance have been consulted on the content of this report.

Circulation under the Local Issues Alert Procedure

- 14 This report will be circulated to all members of the County Council.

Officers to Contact

Jon Wilson, Director of Adults and Communities
Adults and Communities Department
Tel: 0116 305 7454
Email: jon.wilson@leics.gov.uk

Mike Sandys, Director of Public Health
Public Health Department
Tel: 0116 305 4239
Email: mike.sandys@leics.gov.uk

Inderjit Lahel, Assistant Director, Strategic Commissioning
Adults and Communities Department
Tel: 0116 305 8821
Email: inderjit.lahel@leics.gov.uk

Kate Revell, Head of Service, Commissioning and Quality
Adults and Communities Department
Tel: 0116 305 8331
Email: kate.revell@leics.gov.uk

PART B

Background

- 15 The third LLR Living Well with Dementia Strategy which, following public consultation and approval will cover the period 2024-2028, is underpinned by the guiding principles from the NHS Well Pathway for Dementia.
- 16 The lifetime of the current Strategy, approved by the Cabinet in October 2018, was extended to 2023 due to the unprecedented circumstances caused by the pandemic.
- 17 The current Strategy generated a number of LLR-wide actions, most of which have been progressed, and others which it is proposed will continue into the next Strategy.
- 18 Achievements include:
 - Continuation of a strong partnership approach through the LLR Dementia Programme Board with LLR councils, the ICB, Leicestershire Partnership NHS Trust (LPT), University Hospitals of Leicester (UHL), the voluntary sector and other allied professionals.
 - Dementia risk factors being part of primary care health checks.
 - Surgeries are using a tool to assist them develop dementia-friendly GP practices.
 - Completion of a Joint Strategic Needs Assessment (JSNA) chapter on dementia which informs the Strategy.
 - Information and advice supporting people living with dementia has been promoted across the area, particularly through the Dementia Support Service and the LLR Dementia Friendly Guide.
 - Successful procurement and operation of the advice and guidance Dementia Support Service in Leicester and Leicestershire provided by Age UK LeicesterShire and Rutland.
 - Procurement of the Dementia Support Service and the drafting of the revised Strategy has been supported by a small group of people with lived experience who have become members of the Dementia Programme Board.
 - The local dementia-friendly community network continues to support dementia awareness and is linked closely with the Dementia Programme Board.
 - A small team of Admiral Nurses (specialist dementia nurses) work within UHL to provide inpatient expertise to staff and patients living with dementia as well as a meaningful activities team.
 - Leicestershire County Council's Positive Behaviour Support team has begun a new approach to supporting care providers concentrating on managers and employers to develop best practice in supporting people who present challenges through developing policy, support tools, training and culture change.

- Additional expectations added to the new Home Care for Leicestershire contracts to improve and monitor the quality of care for people with dementia.
- Admissions avoidance, admissions and discharge pathways and post-discharge support for people with complex dementia remain a priority.
- Ensuring people and professionals have access to the tools they need to be confident and competent to live with or care for someone with dementia remains a priority.
- Activity that supports people to remain independent, requires further improvement with communities and in neighbourhoods.

19 Areas of activity which have proven challenging include diagnosis rates, which have reduced substantially as a result of services closing due to the pandemic. There is also a disparity in the diagnosis rates in the County areas compared to the City. The diagnosis rates for the LLR area are currently: West Leicestershire 59.1%, East Leicestershire and Rutland 58.7% and Leicester 74.7% against a national target of 66.7%. This disparity is thought to be partly as a result of the diagnosis clinics being run exclusively at Glenfield Hospital in the Leicester conurbation, and therefore difficult for people living in less accessible or rural areas to reach. In response, the LPT has committed to running diagnosis clinics in County locations as opposed to solely at the Memory Assessment Service in Leicester. There is a focus on “seldom heard” groups in the revised Strategy and this will include rural communities in Leicestershire.

The Revised Strategy for 2024-2028

- 20 The revised draft Strategy, attached as Appendix A to this report, has been developed by a subgroup of the Dementia Programme Board which comprises officers from Leicestershire County, Leicester City, and Rutland Councils, the ICB and voluntary sector organisations, including Age UK and Healthwatch.
- 21 The co-production group of the Dementia Support Service has provided insight into the action points as well as offered advice on the content and layout of the Strategy from the perspective of having dementia or caring for someone with dementia.
- 22 Healthwatch surveyed over 250 people living with dementia across the LLR area that attended social groups or completed a written survey. The key points from the feedback, which has informed the draft Strategy and which will shape the delivery plans of the partner organisations can be summarised as:
- There are inconsistencies across the LLR area with variations in the speed and types of diagnostic pathways.
 - Despite multiple channels of information, there are inconsistencies in people’s experiences of access to dementia services and appropriateness of it.
 - There is an inconsistent provision of and access to support services with many different barriers to be addressed.

- People living with dementia and their carers who had access to services provided by Admiral Nurses, Age UK, Voluntary Action South Leicestershire (VASL) and the Alzheimer's Society highly value the support and information they receive.
 - There is poor recognition of the needs of those with early onset dementia.
 - There were suggestions supporting the need for a single point of access, such as a hub, to improve information and access to services.
- 23 A younger-onset dementia event in November 2022 organised by members of the Dementia Programme Board, with significant input from the County Council, included a facilitated focus group engagement activity with 19 people under the age of 65 living with dementia.
- 24 Local and national intelligence has informed the draft Strategy, including:
- The JSNA for Dementia 2018-2021.
 - Feedback from surveys and interviews with officers, providers and people using day services on the impact of the COVID-19 pandemic and carer needs.
 - Contract and commissioning meetings with the Dementia Support Service provided by Age UK on current needs and issues facing people receiving their service.
 - Feedback from members of the LLR Dementia Programme Board who either commission or provide dementia specific support.
 - Feedback from other voluntary organisations supporting people living with dementia particularly around access to support from diverse communities.
- 25 Subject to the planned consultation and necessary approvals, the revised Strategy is intended to be implemented from January 2024. It is proposed that this Strategy is set for a period of five years. There is scope through the Dementia Programme Board to measure the Strategy's actions against any new and emerging health and social care national policy and amend if required.
- 26 Design and formatting of the draft Strategy is minimal at this stage, but will appear either on each of the three Council's websites or as a link on a host website.

Delivery Plan for Leicestershire - Actions for Adult Social Care and Public Health Services

- 27 The priority actions described in the draft Strategy are high-level and each statutory partner organisation will therefore have a delivery plan addressing its specific priorities against the Strategy action plan.
- 28 The Dementia Programme Board will monitor the progress of the action plans and will support organisations to set targets for each year, underpinned by their delivery plans. The Board expects organisations to work collaboratively to achieve the overarching Strategy actions. This includes working at a neighbourhood and place-based level and co-dependencies with other workstreams.

- 29 For adult social care the key actions are contained within the 'supporting well' section of the draft Strategy, and the 'living well' section is relevant to activity within Public Health and Adults and Communities more broadly. NHS commissioning and service provision, whilst also relevant to support, living with dementia and the end of life, has a responsibility for prevention and diagnosis.
- 30 In order to ensure that the priorities for adult social care are delivered, a refreshed Dementia Strategy Delivery Group has commenced to develop a Delivery Plan and collaborations required with NHS Trusts, ICB and the Health and Wellbeing Board. A Delivery Plan for the Council will be submitted to the Adults and Communities Overview and Scrutiny Committee and the Cabinet in the autumn with the results of the consultation and the final draft of the Strategy.

Consultation

- 31 It is intended that the County Council will host the public consultation exercise on behalf of LLR partners during the summer of 2023. A draft of the consultation document is attached as Appendix B.
- 32 There will be a simplified version of the consultation questionnaire for people with dementia. The consultation will be online with printed copies available on request.
- 33 The Dementia Partnership Board will ensure wide communication of the draft Strategy, such as through press releases, the Council's own social media and newsletters, promotion through partner organisations and adult social care providers, and to unpaid carers. A schedule of consultation events is being arranged to provide face to face opportunities for people to hear more about the Strategy and provide comments.

Comments of the Adults and Communities Overview and Scrutiny Committee

- 34 The Adults and Communities Overview and Scrutiny Committee considered a report on the draft Strategy and proposed consultation at its meeting on 5 June 2023. Members welcomed the draft Strategy and the proposed action plan and the commitment to ensure that dementia services were more accessible and improve diagnoses rates.
- 35 Members were pleased that the importance of personal contact had been recognised as online services were not always suitable.
- 36 The Committee suggested that the following should be considered:
- Utilising parish councils and local forums during the consultation period as a another means of reaching as many people as possible within the localities;
 - The inclusion of a section in the consultation questionnaire on the experience of carers and patients, of how they had found the process of

getting a diagnosis of dementia. Members agreed that this could provide some valuable information to support future improvements;

- Given the all-party parliamentary group report 2021 which contained a large section on the impact on non-suitable accommodation for people with dementia that this be built into the LLR Dementia Strategy, for example, by way of a section on how the City and County Council could work together to encourage more dementia friendly accommodation through the Leicester and Leicestershire Strategic Planning Group;
- How best to include provision of accommodation in line with the core strategies of the Council. It was acknowledged that the City and County Council had different arrangements but it was suggested that that describing dementia friendly accommodation would provide an excellent addition to the Strategy.

37 The Committee asked that its comments be forwarded to the Cabinet for consideration.

Conclusion

38 The Cabinet's approval is required to undertake a formal joint consultation alongside Leicester City Council, Rutland Council, and the ICB on the priorities and actions identified for supporting people with Dementia, their carers, and families.

39 Following significant stakeholder engagement, the draft Strategy has been developed alongside partner agencies. Amendments may be required to the draft Strategy after formal consultation responses are received.

Equality Implications

40 As this is an LLR Strategy the Equality Impact Assessment has been developed jointly with key Council and ICB colleagues and led by Leicester City Council; therefore the City Council template has been used. However, to ensure alignment with County Council processes the information has also been transposed onto the Council's template and where required to reflect Leicestershire's demographic, information has been added and attached to this report as Appendix C.

Human Rights Implications

41 There are no Human Rights Implications arising from this report.

Background Papers

LLR Living Well with Dementia Strategy 2019-2022

<https://resources.leicestershire.gov.uk/sites/resource/files/field/pdf/2018/12/24/LLR-Living-Well-with-Dementia-Strategy-2019-2022.pdf>

The Prime Minister's Challenge on Dementia 2020

<https://www.gov.uk/government/publications/prime-ministers-challenge-on-dementia-2020>

NHS Well Pathway for Dementia <https://www.england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/03/dementia-well-pathway.pdf>

Joint Strategic Needs Assessment chapter for dementia <https://www.lsr-online.org/uploads/dementia.pdf?v=1649162842>

Leicestershire County Council Strategic Plan 2018-22 <https://bit.ly/3Pe6nh5>

Delivering Wellbeing and Opportunity in Leicestershire – Adults and Communities Department Ambitions and Strategy for 2020-24 <https://bit.ly/3swoTal>

People at the Heart of Care: Adult Social Care Reform White Paper <https://bit.ly/3w7FfsE>

NHS Long Term Plan <https://www.longtermplan.nhs.uk/>

Leicestershire Joint Health and Wellbeing Strategy 2022-2032 <https://politics.leics.gov.uk/documents/s166738/Appendix%20A%20JHWS.pdf>

Report to Adults and Communities Overview and Scrutiny Committee: 5 June 2023 – Leicester, Leicestershire and Rutland Joint Living Well with Dementia Strategy 2024-28 – <https://politics.leics.gov.uk/ieListDocuments.aspx?MIId=7108>

Appendices

Appendix A Draft Living Well with Dementia Strategy 2024-28

Appendix B Draft consultation document

Appendix C Equality Impact Assessment for Leicestershire

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